

Clinical audit tools

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The Chartered Society of Physiotherapy 14 Bedford Row London WC1R 4ED Telephone 020 7306 6666 Fax 020 7306 6611 Website www.csp.org.uk

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This document is available to members of the public and to CSP members on the Society's website www.csp.org.uk. The document is also available in a format for people with visual impairment from the CSP's Research and Clinical Effectiveness Unit, 14 Bedford Row, London WC1R 4ED.

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'Clinical audit is the systematic and critical analysis of the quality of clinical care including diagnostic and treatment procedures, associated use of resources and outcomes and quality of life for the patient' (Department of Health, 1989^{*})

Clinical audit is a cyclical process, involving the identification of a topic, setting standards, comparing practice with the standards, implementing changes and monitoring the effect of those changes. Its purpose is to improve the quality of clinical care.

* Department of Health, (1989), Working for patients, White Paper No 6. HMSO

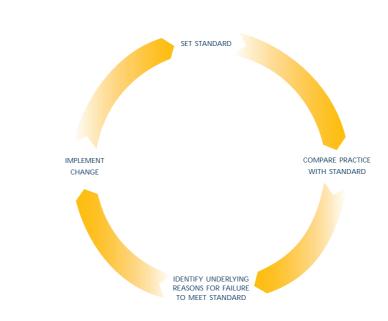


Figure 1 The Clinical Audit Cycle

The first stage in the audit cycle has been prepared for you – the setting of core and service standards, which can be found in the other documents contained in this pack. This audit tools document will allow you to complete the second stage – comparing practice with the standards. Locally, it will then be possible to identify any underlying reasons for not achieving the standards, and to implement any changes required.

This revision of the CSP Standards of Physiotherapy Practice pack is the first to include a set of clinical audit tools. The different tools are designed to measure performance in different ways, depending on the source of information that will indicate whether the standards and criteria have been met. Together, the five audit tools will allow you to carry out a comprehensive audit of both the core and the service standards. Of course you don't need to use all the audit tools at the same time, the audit can be done in stages.

Core standards patient record audit

The patient record audit tool measures standards and criteria for which the patient record provides 'evidence' of compliance, for example that the patient's treatment plan is documented (core standard 8.4). A **patient record audit data collection form** has been devised for this purpose. Much of physiotherapy practice is recorded in the patient record and needs to be of a high quality to ensure continuity of care and fulfil legal requirements

Core standards continuing professional development/life long learning
 (CPD/LLL) audit

A CPD/LLL audit data collection form has been devised to audit the core standards which relate to CPD/LLL (core standards 19 to 22). Evidence of compliance with these standards is likely to be found in the documentation within an individual's CPD/LLL portfolio.

Core standards peer review

Peer review provides an opportunity to determine the appropriateness of the clinical decisions made at each stage of the patient episode. Some of the core standards cannot be measured through documentation or patient feedback, and it is recommended that these be subject to peer review. Peer review relates mainly to areas requiring a clinical reasoning process, for example how the clinical diagnosis was derived or why particular interventions were chosen. Guidance is provided for carrying out a suggested model of peer review and a **peer review form** has been devised.

Patient feedback audit

The patient feedback audit measures those standards and criteria where the patient is best placed to judge conformance, for example core standard 2.3 'The patient is given the opportunity to ask questions'. Similarly, standards and criteria that have been designed to measure elements of practice such as effective communication, being courteous and respecting patients' dignity, cannot be easily measured using documentary evidence. To assess these standards, a **patient feedback questionnaire** has been devised.

Service standards audit

In addition to the previous tools, which concentrate on areas of practice relating to individual physiotherapists, the service standards audit tool will assess the conformance of the organisation against the service standards and criteria.

> Core standards patient record audit Core standards CPD/LLL audit Core standards peer review Patient feedback audit Service standards audit

Introduction

One of the key aspects of clinical audit is confidentiality. The reporting of audit results always respects the confidentiality of patients and usually of health professionals, in order to keep the process non-threatening.

However, some physiotherapists may wish to compare their practice with others. Some will want to identify their individual performance, for example as part of their assessment of learning needs (core standard **19**.1) or to provide evidence that learning objectives have been met (core standard **22**.1), and to include this in their CPD/LLL portfolio. In these circumstances it is usual to code the audit results so each physiotherapist is aware of their own identity, but not that of others.

Clinical audit is a professional development activity, not a procedure to identify negligent practice or gain evidence for disciplinary purposes. When clinical audit is implemented in a positive way, the benefits and acceptance from physiotherapists is likely to be far greater. These audit tools will help physiotherapists provide the highest standards of care, rightly demanded by the general public.

Patient record audit methodology

The steps laid out in this section for carrying out a patient record audit are intended to serve as guide. Some NHS organisations may have clinical audit staff that can help with the audit process, providing support and expertise in this task.

1

Select a sample

A random selection of patients' records should be used. Randomisation can be undertaken in many different ways. The most important aspect is that sources of potential bias are excluded. If you require a sample of 20 per cent of one month's records, an easy option is to take all that month's records and randomly start at any place in the collection, then select every fifth set of records. An alternative is to use a computer, calculator or random number table to select numbers, which would correspond to each set of records. When consecutive patient's records are used, it is important to ensure that the records for **all** the consecutive patients are used. Using a systematic method ensures that the sample represents the 'normal' patient record accurately. Sample size depends a great deal on the service/practice configuration so definitive advice is inappropriate. Examples for deciding the sample size are:

- 20 per cent of the patients seen in the last month (for large services this could result in a very large sample).
- 10 patient records from each physiotherapist (for small practices this could result in a very small sample).
- 100 records from the last patients discharged (not appropriate for services that discharge small numbers of patients).
- If there are a number of specialties in the department, it may be appropriate to select a proportion of records from each specialty.

It is important that the sample is large enough to represent the range of practice included in the audit, but still remain manageable. The Research and Clinical Effectiveness Unit at the CSP can provide more detailed advice if necessary.

Introduction

Obtain patient records

Depending on local systems, obtaining the records may be a task undertaken by the medical records department, secretary or administrative assistant.

Complete the data collection form

The form that accompanies this section is designed to assess conformance with specific standards and criteria. The forms may be freely photocopied and further locally defined audit questions added as necessary (a blank page is included at the end of the form). There is a number next to each check box, which cross references to the numbering of the criteria in the core standards. This will assist with interpretation. 'Not applicable' (n/a) boxes are provided for situations where the criteria do not apply to a particular patient. For example, core standard **9**.3 is n/a if the patient is not in receipt of any loaned equipment.

Analyse the data

To protect patient confidentiality, data that is entered on to a computer should not include patient identifiers. If it is necessary to use an identifier to cross reference patients, a code or index number (**not** the patient's hospital number) should be used.

Results are most usefully expressed in terms of the proportion of records that conform to the criteria, quoted as a percentage. Care should be taken when processing the data items that include 'not applicable' responses. In these cases the percentages should be calculated on the responses **excluding** the 'not applicables'. For example:

- 100 patient records analysed
- 20 were 'not applicable'
- 60 records conform to the criteria

Only the 80 applicable records should be included in the analysis, therefore the percentage is

 $\frac{60}{80}$ x 100 = 75 per cent

Core standards patient record audit Core standards CPD/LLL audit Core standards peer review Patient feedback audit Service standards audit

Introduction

3

4

2

Results are normally analysed in an aggregated form so that the conformance to the standards for all the physiotherapists is assessed. It is sometimes useful for physiotherapists to audit their individual patient's records which may be of benefit to small services, or for the purposes of demonstrating CPD. If it is considered necessary to identify individual physiotherapist's results in a larger sample, it is good practice to use codes to identify the physiotherapists. Each physiotherapist is given their own code, but not that of their colleagues. This coding should be revealed only with the consent of all participants.

Interpret the results

Interpretation is very dependent upon local circumstances. It is essential that the reasons for not achieving the standards are understood and plans agreed by those involved in the audit before any changes are implemented. The management of the change is most effective when the process is 'owned' by the participants, rather than being imposed.

Re-audit

5

6

This is a much neglected part of the audit process, nonetheless a very important one. It is only through the regular, systematic approach to audit and re-audit that improvements can be measured. It is recommended that the audit is repeated at least annually.

> Core standards patient record audit Core standards CPD/LLL audit

Introduction

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Patient record audit data collection form

		Please photocopy as many forms as necessary. Please place a cross 🗶 in the box to indicate a positive response.			
		Informed consent	Jes	20	207
2 .8		The patient's consent is documented			
		Assessment			
5.1		There is written evidence of a compilation of data consisting of:			
	а	the patient's perceptions of their needs			
	b	the patient's expectations			
	с	demographic details			
	d	presenting condition/problems			
	е	past medical history			
	f	current medication/treatment			
	g	contraindications/precautions/allergies			
	h	social and family history/lifestyle			
	i	relevant investigations			
		Examination			
5.2		There is written evidence of a physical examination that includes:			
	а	observation			
	b	use of specific assessment tools/techniques			
	с	palpation/handling			
		The result of the outcome measurement is recorded			
6 .6					
6 .6 6 .7		The result of the outcome measurement is recorded			
		The result of the outcome measurement is recorded at the end of the episode of care			
		at the end of the episode of care			
		at the end of the episode of care Analysis			
6.7		at the end of the episode of care Analysis There is written evidence of:			
6 . 7 7 . 2		at the end of the episode of care Analysis There is written evidence of: Identified needs/problems			
6.7 7.2 7.3		at the end of the episode of care Analysis There is written evidence of: Identified needs/problems Subjective markers being identified			



8.4	Treatment planning The plan documents:	Jes No Policable
	a time scales for implementation/reviewb goalsc outcome measures	
	d the identification of those who will deliver the plan Implementation	
9.1 9.2 9.3	Interventions are implemented according to the treatment plan All advice/information given to the patient is recorded There is a record of equipment loaned and issued to the patient	
10 .1	Evaluation There is written evidence that:	
10.1	a the treatment plan is reviewed at each sessionb subjective markers are reviewed at each session	
10.2 10.3	 c objective markers are reviewed at each session All changes, subjective and objective, are documented Any changes to the treatment plan are documented 	
10.4	Outcome is measured at the end of the treatment programme	
11.2	Transfer of care/discharge Arrangements for transfer of care/discharge are recorded in the patient's record	
11 . 3 11 . 4	When transferred, information is relayed to those involved in their on-going care Discharge summary is sent in keeping with agreed local policy	
	Documentation	
14.1 14.2	Patient records are started at the time of the initial contact Patient records are written immediately after the contact with the physiotherapist or before the end of the day of the contact	
14.3	Patient records are comptemporaneous Guidance: Records are not added to after the time of writing	
	culturillo, notor as are not added to arter the time of writing	



		oldesilo
14 . 4	 Patient records conform to the following requirements: a concise b legible c logical sequence d dated e signed after each entry/attendance f name is printed after each entry/attendance <i>Guidance: Where patients are treated by the same physiotherapist throughout, it is sufficient for a printed name to appear once on each side of each page</i> 	s ² ¢ ⁶ γ ₀ 0 □ □ □ □ □ 10 10 ¹ ∂δ ₂
	 g no correction fluid is used h written in permanent photocopyable ink i errors crossed with a single line i errors initialled j each side of each page is numbered k patient's name and either date of birth, hospital number or NHS number are recorded on each page I abbreviations are contained within a locally agreed glossary 	
15 . 1	There is evidence that patient records are retained securely: written records computer records audio tapes emails faxes video tapes photographs	
16 . 1 16 . 2	Patient and physiotherapist safety There is written evidence of a risk assessment There is written evidence that action has been taken as a result of the risk assessment	



ves no de_fable

Locally defined audit questions

This page has been provided to allow for optional locally defined audit questions to be added if necessary.

CPD/LLL audit methodology

This audit tool evaluates the process of CPD/LLL, and refers to core standards **19** to **22**. For most physiotherapists this process is recorded in a portfolio. The term 'portfolio' is used throughout the CPD/LLL standards and audit tools. Other terms such as journal, learning log or personal development plan are used interchangeably and are equally applicable; all provide tangible means by which improvements in practice can be demonstrated to others, as a result of learning.

The portfolio is a private and personal document, and should be used and organised in a way that best suits the individual. From the portfolio, evidence can be drawn out for a particular purpose, for example:

- assessment of learning needs
- · job application and interview process
- applying for accreditation of prior learning from an academic institute
- individual performance review
- potential re-registration requirements

The audit tool should be used at least every six months to monitor the progress of the CPD/LLL process.

For further information, paper no. CPD 6, *Keeping a portfolio – getting started*, is available from the Education department, CSP.



CPD/LLL audit data collection form

One audit data collection form should be completed for each physiotherapist. Please photocopy as many forms as necessary. Please place a cross 🗶 in the box to indicate a positive response.

		Assessing learning needs	res	04
19 .1		There is written evidence of an assessment of learning needs		
		This assessment takes account of:		
	а	development needs related to the enhancement		
		of an individual's current scope of practice		
	b	feedback from performance data		
	С	mandatory requirements		
	d	new innovations in practice		
	е	the needs of the organisation		
	f	career aspirations		
		Planning CPD/LLL		
2 0 .1		There is a written plan based on the assessment of learning needs		
20 .2		The plan includes learning objectives		
20 .3		The plan identifies activities to achieve the learning objectives		
		Implementing the plan		
21.1		There is written evidence that the plan has been implemented		
21.2		The plan is reviewed at least six monthly		
		Evaluating the plan		
22.1		There is evidence that the learning objectives have been met		
22 .2		New learning objectives are developed to continue the cycle		

Peer review methodology

Peer review provides an opportunity to evaluate the clinical reasoning behind the content of the documentation about the patient episode, in order to consider the appropriateness of the clinical decisions made at each stage of the patient episode. The process relates most closely to core standards **4** to **11**, the section on the Assessment and Treatment Cycle.

This method enables the clinical reasoning skills of the physiotherapist to be evaluated by a peer. This must not be confused with other forms of professional assessment; it is not a means of judging an individual's competence to do their job, neither is it a method of clinical supervision or appraisal. (For further information *PA 45, Clinical supervision** is available from the Professional Affairs department.)

There are a number of different methods of peer review which could be used. One model, which included observation of practice, was considered too difficult to implement. This view was shared equally by both private and public sector physiotherapists in the standards of physiotherapy practice pilot sites. Individuals felt their behaviour would not be entirely natural if they were being observed and it would only give a 'snapshot' of their practice skills, rather than their evaluative and reasoning skills, throughout the whole patient episode. It was agreed to follow the model outlined in this guide.

Peer review should be approached with commitment, integrity and trust. It can then be an excellent learning opportunity for both parties involved, enhancing clinical reasoning, professional judgement and reflective skills. Whilst this will be the case for the vast majority of physiotherapists, conflict may arise when an individual's poor clinical reasoning results in the safety of the patient being put at risk. In these exceptional circumstances, peers are directed to the advice set out in Rule V of the CSP *Rules of Professional Conduct*, (CSP, 1996)* when a more formal procedure may be required, in the best interests of patient care. On a more positive note, for the majority of physiotherapists, evidence of participation in a peer review process (as peer or physiotherapist) should be used as a part of an individual's demonstration of their continuing professional development and recorded in their CPD portfolio.

- * Chartered Society of Physiotherapy (1996), Rules of Professional Conduct, CSP, London
- * Chartered Society of Physiotherapy (2000), PA 45 Clinical Supervision, CSP, London

The paragraphs listed on the following pages provide guidance on the process of carrying out peer review:

Select a peer

1

For the individual to gain maximum benefit from peer review, it is important that they are able to select their own peer. This is one factor which distinguishes peer review from clinical supervision and appraisal. The following criteria serve as a guide to identify a suitable peer:

- The peer should be similar in terms of grade, or experience or qualification or knowledge or skill or any combination of these. (For some physiotherapists there may be a preference for a peer who is of a higher grade, but that is their individual choice.)
- The selected peer should carry a similar complexity of caseload or casemix. This may not necessarily be from the same speciality.
- The peer should work in a similar type of practice or situation.
- There is mutual respect and a comfortable professional relationship.
- The peer is happy to participate.

Arrange a suitable date and time

The review process should take approximately two hours.

Select patient notes

The reviewer randomly selects a set of patient notes. This should be from a batch of the last twenty patients the physiotherapist has managed. This process of selection is dependent on local circumstances, and it is therefore the responsibility of the physiotherapist and the peer to make appropriate arrangements.

4

2

3

Review the notes

The notes are reviewed by the peer, to familiarise themselves with the patient episode. At this stage the physiotherapist being reviewed may wish to re-familiarise themselves with the detailed content of the notes.

Discussion of the episode of care

This should focus on the evaluation of the individual's clinical reasoning skills throughout the patient episode. The following seven questions, which relate directly to the standards, have been formulated to structure the discussion. This should take approximately one hour:

- What sources of information did you consider to assist you with the assessment process? (core standard 4)
- How did you reach a clinical diagnosis, or identify the patient's main problems? (core standard 7)
- How did you decide which outcome measure to use? (core standard 6)
- How did you select the treatment techniques to meet the specific needs of the patient? (core standard 8)
- To what extent did you meet the expectations of the patient? (core standard 10)
- How was each stage of the episode of care evaluated? (core standard 10)
- Was it necessary to communicate with other professionals? If so, did this raise any particular issues? (core standard 13)

6

5

Issues arising from the discussion

Any issues raised during discussion, which both peer and physiotherapist feel are important, should be documented on the peer review form. The peer has a responsibility for reflecting only what has been agreed between the two individuals, in the review session. The peer review form should be kept in the physiotherapist's portfolio, as evidence of learning.

Identify areas for education and development

The peer has a responsibility for identifying potential areas for further education and development, in agreement with the physiotherapist. Both parties can then formulate a timed action plan.

8

7

Re-review date

A date for re-review is set. It is important that the process is regular and undertaken at least annually.





Peer review form

A peer review was carried out on (date)

Name of physiotherapist

Place of work

Telephone

Name of peer reviewer

Place of work

Telephone

Summary of issues raised during discussion

Agreed suggestions for further education and development

Action plan

Re-review date

Signature of physiotherapist

Signature of reviewer

Patient feedback methodology

'Patients are the most important people in the health service. The NHS has to be shaped around the convenience and concerns of patients. To bring this about, patients must have more say in their own treatment and more influence over the way the NHS works.'

Alan Milburn, Secretary of State for Health, The NHS Plan, July 2000

The involvement of patients in sharing decision-making about their care with health professionals, and monitoring the quality of that care is growing. This is supported by recent government initiatives and patient groups. In developing the patient feedback component of these audit tools it is recognised that only patients can be the final arbiters of what constitutes quality care. Physiotherapy cannot be considered high quality unless it is effective, efficient and acceptable to patients. The patient feedback questionnaire provides the means to measure the standards and criteria that the other audit tools in this document cannot and/or those where patients are best placed to judge conformance.

There are practical problems with identifying the characteristics of a 'typical patient'. Some lay people will be apprehensive about getting involved with this type of exercise and can feel intimidated by the idea. In spite of possible difficulties, patient feedback is a vital component of auditing the Society's standards. The following paragraphs provide guidance on the process of obtaining patient feedback.

Identify a sample

A sample that generates 80-100 questionnaire returns from patients should provide robust information. Response rates vary from about 30 per cent to 90 per cent depending on the characteristics of the patient group and the way in which the questionnaire is administered, so be prepared to increase the sample size appropriately.

2

Collect the data

Some suggestions of good practice are outlined below:

• Inform the clinical governance/consumer affairs leads (where they exist) that this exercise is being carried out. They will be pleased you are doing this work and may provide support, encouragement and assistance with the process.

In some areas approval from the local Research Ethics Committee is required to send out questionnaires of this type. Whilst this is rare, local arrangements should be followed.

- Where there are no other options than for the physiotherapist to give out the questionnaires, first ensure the patient is happy to participate. A careful explanation given personally ensures a greater response rate. If an individual is not willing to participate, they always have the right to decline without fear of this affecting any subsequent care.
- If the questionnaire is sent out by post unannounced, take great care to ensure the patient is still at the same address and able to complete the questionnaire. (sending a questionnaire to a deceased patient is very distressing for relatives and carers). Always provide a contact name and number in case of any queries.
- A personalised covering letter and a postage paid envelope should be used to increase the response rate.
- To encourage honest feedback patients should be assured the comments they give remain confidential.
- If a questionnaire reply is not forthcoming, a polite reminder may be helpful. However, patients should not be coerced into participating.
- An independent person/agency should receive the returned questionnaires so the patient does not feel uncomfortable about physiotherapists reading anything they may write. Advice and practical help may be available from your local department responsible for consumer affairs.

3 Analyse the data

See previous section in the patient record audit.

Interpret the results

See previous section in the patient record audit.

Re-audit

4

5

See previous section in the patient record audit.

If you need help to provide patient feedback questionnaires in alternative languages or formats, contact: The Research and Clinical Effectiveness Unit 14 Bedford Row London WC1R 4 ED



Patient feedback questionnaire

This questionnaire has been developed by the Chartered Society of Physiotherapy, the professional organisation for chartered physiotherapists, in order to improve physiotherapy services. You have been selected to take part in this important survey about the physiotherapy care you have received. If you are happy to participate we would be grateful for a few minutes of your time to complete this questionnaire.

If you would like to talk to someone about the questionnaire or answer any questions, please contact:

There are no right or wrong answers. It is for you to decide on the quality of your experience. This will help the service to improve the care it provides. The information will be confidential, and you will not be identified to any of the physiotherapy staff. Please tick the appropriate box(es) and write in the spaces provided.

1

If a person other than the patient completes this questionnaire, please indicate your relationship: husband/wife/son/daughter parent/guardian other family carer

2

- Were you treated by: a student
- a physiotherapist a physiotherapy assistant other don't know



Before your first visit

2.1	How long did you have to wait for your first appointment? under 24 hours 1-7 days between 1 and 4 weeks between 1 and 2 months more than 2 months	, □ □ □ ⁹ %e _j //
2 . 2	I was offered a choice of appointment times	88 10 ¹ 95 101
3 3.1 3.2 3.3 3.4 3.5 3.6 3.7	Your treatment sessions Which statement most accurately reflects your views? I was addressed by the name of my choice The staff were courteous and considerate I was not given a chance to say what was on my mind I felt involved in deciding about my treatment plan The physiotherapists listened to what I said The physiotherapist told me what I could achieve The physiotherapist had a manner which	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$
4.1	made me feel uneasy We aim to be sensitive to your particular expectations. Did we succeed? If no, please explain:	& € □ □



4.2

We aim to be sensitive to your fears and anxieties.

Did we succeed?

<i>Jes</i>	204

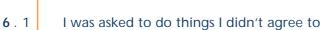
If no, please explain:

5.1 Were you informed of the name of the therapist responsible for your care?

5. 2 Were you given a choice of options for your treatment?

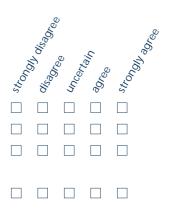
5. 3 Were you encouraged to say what you wanted?

5.4 By the end of your first visit, were the results of the assessment explained?



- 6.2 I was given all the privacy I needed
- **6**. 3 The physiotherapist used words I didn't understand
- **6**. 4 The physiotherapist was quite rough when giving me my treatment







		Jes 10 10 10 10 10 10 10 10 10 10
		Ves 10 10 10 10
7 .1	The physiotherapist explained the benefits and risks to me	
7 .2	I was given the chance to ask questions	
7 .3	I was told of my right to decline treatment	
7 .4	If you were offered treatment by a student,	
	were you also given the option of being treated	
	by a qualified physiotherapist?	
7 .5	I was told how well I was doing	
7.6	They asked for my permission before talking to my	
	friends/family	
7 .7	If other health professionals were involved in your care,	
	did the physiotherapist discuss with you allowing them	
	access to information about your physiotherapy?	
7 .8	If you had to do exercises at home, were you given	
	a clear explanation of what to do?	
7 .9	If you had photographs or video taken, did you sign	
	a consent form?	
7 .10	If you were left alone during your treatment session	
	were you told how to call for help?	
	Your discharge (if this is not applicable, please go on to	question 9)
	Once you have completed your treatment plan, discharge	Q
	arrangements should be made so things go smoothly.	Ngy dispected
		191, 91 191, 91 191, 30
		³¹ 00) ¹⁶³ 0 ¹⁶³
8.1	I felt involved in the plans for my discharge	
8.2	I was given enough advance warning of my discharge	
8.3	I understood the physiotherapist easily	
8.4	All the plans for my discharge went smoothly	
		oldes
		199e
9	If you were given equipment to use at home,	Jes no
	were you given instructions?	



General impressions

Please indicate your overall impression of the physiotherapy care you have received.

10 . 1	Overall, I was very satisfied with my care			
10 .2	I didn't recover as well as I had hoped			
10 .3	The physiotherapy was a complete waste of time			
10 .4	I enjoyed coming for physiotherapy			

11

Please add any further comments that will help us improve the care we provide:

Thank you for your help in completing this questionnaire.

Please return the completed questionnaire to:

Service standards audit methodology

The use of the service standards audit data collection form is intended to serve as a checklist for services. It follows the same concept as the previous audit tools and as such they will serve either to demonstrate that the service complies with the standards, or that improvements should be made. Many physiotherapy managers will be able to read through the standards with their current knowledge, assessing whether their service complies with the standards. Whilst this is a useful familiarisation exercise, the use of the accompanying audit tool will make the process more formal. Completing the form requires the production of evidence (possibly not always written evidence) that certain structures and procedures are in place. The standards cannot be exhaustive and, for example, if the standard requires a clinical governance strategy, the audit tool will provide the means to assess whether there is or there is not a clinical governance strategy present, but cannot assess its quality or relevance. This is beyond the scope of these standards. The number next to each check box cross references to the numbering of the criteria in the service standards.

These standards aim to reflect the diversity of physiotherapy services in the UK. However there are instances in many services where the standards are genuinely not applicable, or the responsibility lies elsewhere. In these circumstances simply proceed to the next applicable standard.

> Introduction Core standards patient record audit Core standards CPD/LLL audit Core standards peer review Patient feedback audit Service standards audit



Service standards audit data collection form

Please place a cross \bowtie in the box to indicate a positive response.

Clinical governance

					connents
		There is evidence of:	Les	20	com,
. 1		Clinical governance strategy			
. 2		Locally agreed standards of practice for			
		common conditions			
. 3		Routine collection and analysis of information			
		about the service:			
	а	clinical outcomes			
	b	complaints			
	С	adverse events			
	d	accident reports			
	е	waiting times for appointment			
	f	waiting times within the department			
	g	DNAs			
	h	reports to referrers			
	i	clinical education provision			
. 4		Action taken in response to criterion 1.3			
. 5		An annual physiotherapy clinical governance report			



	Risk management		hents
	There is evidence of:	Ner Per	0. ⁶ 0 ¹¹¹
2.1	Clearly documented procedures for the		
	management of risk]
2 .2	Training to undertake risk assessments]
2 .3	The findings from risk assessments are analysed		
	and work practices reviewed and changed]
2.4	Managers have checked the state registration		
	certificate of all physiotherapists annually]
2 .5	A system to ensure all physiotherapists have skills and		
	experience in the areas in which		
	they are required to work]
2.6	A procedure to recognise and		
	correct poor clinical performance]
2.7	Action on any new guidance about equipment safety]
	Clinical audit		
	There is evidence that:		
3.1	The clinical audit programme takes account of:		
	a national priorities]
	b the priorities of the service]
	c patient priorities]
3 .2	All physiotherapists participate in a regular		
	and systematic programme of clinical audit]
3 .3	The documented results and recommendations		
	from clinical audit are made available through		
	the clinical governance process]
3.4	Physiotherapists participate in multiprofessional		_
	clinical audit, where it is undertaken]
3 .5	Changes in practice implemented as a result		_
	of the clinical audit programme		J



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					nents
	Evid	ence based practice	Les	04	conments
	The	re is evidence that there are links with:			
4.1	a CSP	and CSP Clinical Interest and Occupational Groups			
	b pati	ent/user organisations			
	c prof	essional bodies			
	d Insti	tutes of Higher Education			
	e nati	onal sources of critically appraised reviews			
4.2	Phys	siotherapists have access to:			
	a libra	ary and library search facilities			
	b inte	rnet facilities			
4.3	The	re are systems for disseminating information			
	abo	ut effective practice			
	0				
		plaints			
		re is evidence that:			
5.1		s of the physiotherapy service have access			
	to ir	nformation about the complaints procedure			
5.2	All p	physiotherapists understand their role within			
	the	complaints procedure			
5 .3	Com	plaints are dealt with within a locally			
	defi	ned time-scale			
5.4	Com	plaints are monitored			



Human Resources

	Continuing professional development/Lifelong learning			connerts
	There is evidence that:	Les	20	COM,
6 .1	The service supports the implementation of			
	the physiotherapists CPD/LLL plan			
6 .2	Records of CPD/LLL plans are maintained			
6 .3	The development and learning needs of			
	the service are evaluated on an annual basis			
	There is suidened that			
_	There is evidence that:			
7.1	The provision of student clinical education			
	is addressed in workforce planning			
7.2	There is documentation detailing the agreed			
	arrangements for clinical education placements			
7.3	The provision of clinical education placements			
	is monitored			
7.4	The service responds to the evaluation of			
	the student's learning experience			
7 .5	There is regular liaison with the clinical			
	co-ordinators of Higher Education Institutes			
7.6	Clinical educators are supported			
7 .7	Induction material is made available to the			
	students prior to the start of the placement			



	Induction		Ment
	There is evidence that:	Jes Jo	403
8.1	A named person is responsible for the planning,		
	implementation and evaluation of the induction		
	programme		
8.2	A written copy of the induction programme		
	is given to each new physiotherapist		
8 .3	The induction programme is completed		
	within locally agreed time-scales		
	Staffing		
	There is evidence that:		
9 .1	Staffing is commensurate with delivering a safe		
· · · ·	and effective service in terms of:		
	a grade		
	b skill mix		
	c experience		
	d numbers		
9 .2	There are locally agreed procedures to deal with		
	situations where staffing levels fall below locally		
	agreed minimum levels		
9 .3	Staffing levels are reviewed regularly		
	Agency staff		
	There is evidence that:		
10 .1	The suitability of new agency staff is assessed		
10.1	by reviewing their current CV and references		
	before they begin work		
10.2	The CV and references are retained		
	in the relevant personal file		
10 .3	Agency staff are state registered		
10.4	A signature is recorded in the signature book before		
	the agency staff embarks on physiotherapy duties		



		ents
	Appraisal	Jes Connents
	There is evidence of:	
11.1	A procedure for appraising physiotherapists	
11.2	A system to familiarise all physiotherapists	
	with the appraisal process	
11.3	Appraisal is undertaken at least annually	
11.4	All appraisals are agreed, documented,	
	and retained in accordance with local procedures	



Service provision

^{comments} User involvement Ves 2 There is evidence that: **12**.1 When changes to physiotherapy services are proposed, there is a system to involve service users There is evidence of action taken as a result 12.2 of user feedback 12.3 There is a system for obtaining feedback from service users Patient information There is evidence that: **13**.1 Patients are provided with details about the range of services available 13.2 Patients are provided with information about arrangements for their first contact 13.3 Patients have access to information about: a access to services b how to make a complaint \square c consent to treatment d access to medical records e hazards related to clinical care f discharge planning g transport options h DNA policies 13.4 Information is available to patients that helps them make informed choices based on the best available evidence There is information for carers and users on **13**.5 condition-specific support groups and networks



		Stub
12 (There is evidence that:	Jes no connents
13 . 6		
	a information is clear and easy to understand	
	b information is available in appropriate	
	languages for users.	
	c information is produced in a range of media	
	and formats	
13.7	All information provided identifies:	
	a author	
	b production date	
	c review date	
	Access to physiotherapy services	
	There is evidence that:	
14 1		
14 . 1	Physiotherapy managers collaborate with service	
	commissioners to plan service provision	
14 . 2	There is a policy in place for the prioritisation	
	of patients waiting to be seen	
14.3	There are criteria for urgent and routine referrals	
14.4	A choice of appointment times is available	
14 .5	Routine referrals are re-evaluated if not	
	seen within a locally agreed time-scale	
14.6	There is a policy in place describing discharge	
	arrangements	
14.7	Physiotherapy managers collaborate with service	
	commissioners to review service provision	
	Communication	
	There is evidence that:	
15 . 1	All staff are aware of lines of communication	
	within the departmental structure	
15 . 2	An organisational/departmental chart is available	
15 .3	Regular staff meetings/briefings are held	
15.4	Physiotherapists are represented at organisation-	
	wide meetings	
15 .5	The physiotherapy manager is involved in	
	senior management policy making and business	
	planning processes	



					conments
		Health and safety	<i>Ves</i>	20	COM,
6 .1		The health and safety local policy includes			
		procedures to manage:			
	а	fire			
	b	waste disposal			
	С	cardiopulmonary resuscitation (CPR)			
	d	first aid			
	е	control of infection			
	f	disposal of 'sharps'			
	g	working alone/out of hours working			
	h	control of substances hazardous to health			
	i	safe moving and handling of loads			
	j	report of industrial diseases and dangerous occurrences			
	k	planned maintenance of equipment			
6 .2		All physiotherapy staff attend health and safety			
		training in the following:			
	а	fire procedures			
	b	CPR			
	С	moving and handling			
	d	dealing with violence and aggression			
	е	infection control			



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			Les	20	uno
16 .3		All physiotherapy staff attend a health & safety	,		•
		induction programme when joining the service			
		or transferring to a different location			
16 .4		A regular health and safety audit is carried out,			
		in accordance with locally defined time-scales			
16 .5		The following variables are maintained in accordance			
		with local policy:			
	а	temperature			
	b	humidity			
	С	lighting			
	d	ventilation			
16 .6		Notices of hazards to patients are prominently			
		displayed in areas of known risk			
16.7		There is a system for summoning help in an emergency			
16 .8		The service acts on guidance about health and safety			
16.9		Clinical trials have approval from the relevant			
		Research Ethics Committee			



Management of the hydrotherapy pool

	5 5 151			6
				comments
	There is evidence that:	Les	20	Log Co
7 .1	The pool water temperature is maintained			
	within a range 32 to 36 degrees Celsius, with			
	the optimum being 34 to 35.5 degrees Celsius			
7.2	The ambient temperature in the pool hall is			
	maintained within the range 25 to 28 degrees Celsius			
7 .3	The ambient temperature in the change and			
	rest areas is maintained within the			
	range 22 to 26 degrees Celsius			
7.4	The atmospheric humidity level is			
	maintained within the range 50 to 65 per cent			
	with a preferred maximum of 60 per cent			
7.6	Disinfectant levels are maintained within			
	the following parameters:			
	If disinfected using chlorine only:			
	free chlorine is within the range 1.0 to 4.0 ppm			
	total chlorine is within the range 1.5 to 5.0 ppm			
	residual chlorine is never more than 1.0 ppm			
	 If disinfected using chlorine and ozone: 			
	free chlorine is maintained at approximately 0.5 ppm			
	in slipstream ozone systems free chlorine is maintained			
	at approximately 1 to 4 ppm			
	ozone levels are less than 1 mg/litre			
	If disinfecting with chlorine and ultraviolet:			
	free chlorine is maintained within the			
	range 0.5 to 1.0 ppm			



			comments
17 .7	The pH of the pool water is maintained	2º Les	luos
	within the range 7.2 to 7.8		
17.8	The total alkalinity is maintained within		
	the range 100 to 250 ppm		
17.9	The calcium hardness is maintained within the		
	range 100 to 300 ppm		
17 .10	Water balance is maintained within the parameters		
	of the Langelier saturation index of 12.1 ± 0.5		
17 .11	Pool water is tested at the following frequency:		
	chlorine – free and total:		
	twice daily for automated systems		
	three times a day for manual systems		
	 pH – as for chlorine 		
	 total alkalinity – once a week 		
	 calcium hardness – once a week 		
	 water balance – once a week 		
	There is evidence that:		
17 12	There is evidence that: Samples of pool water are tested for		
17 .12	Samples of pool water are tested for		
	Samples of pool water are tested for bacteriological counts at least once per month		
17 .12 17 .13	Samples of pool water are tested for bacteriological counts at least once per month Tests shall be conducted for the following:		
	Samples of pool water are tested for bacteriological counts at least once per month Tests shall be conducted for the following: plate counts, coliforms, escherichia coli,		
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17 .13 18 . 1	Samples of pool water are tested for bacteriological counts at least once per month Tests shall be conducted for the following: plate counts, coliforms, escherichia coli, pseudomonas species, pseudomonas aeruginosa and staphylococcus aureus There is evidence that: For individual treatment, adults have four square metres of pool space		
17 .13 18 . 1	Samples of pool water are tested for bacteriological counts at least once per month Tests shall be conducted for the following: plate counts, coliforms, escherichia coli, pseudomonas species, pseudomonas aeruginosa and staphylococcus aureus There is evidence that: For individual treatment, adults have four square metres of pool space For group treatment, adults have two square		
17 .13 18 .1 18 .2	Samples of pool water are tested for bacteriological counts at least once per month Tests shall be conducted for the following: plate counts, coliforms, escherichia coli, pseudomonas species, pseudomonas aeruginosa and staphylococcus aureus There is evidence that: For individual treatment, adults have four square metres of pool space For group treatment, adults have two square metres of pool space		
17 .13 18 .1 18 .2	Samples of pool water are tested for bacteriological counts at least once per month Tests shall be conducted for the following: plate counts, coliforms, escherichia coli, pseudomonas species, pseudomonas aeruginosa and staphylococcus aureus There is evidence that: For individual treatment, adults have four square metres of pool space For group treatment, adults have two square metres of pool space For all forms of treatment, there is a		
17 .13 18 .1 18 .2	Samples of pool water are tested for bacteriological counts at least once per month Tests shall be conducted for the following: plate counts, coliforms, escherichia coli, pseudomonas species, pseudomonas aeruginosa and staphylococcus aureus There is evidence that: For individual treatment, adults have four square metres of pool space For group treatment, adults have two square metres of pool space For all forms of treatment, there is a minimum of one pool side staff member either		



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		Jes no comments	
	Documentation	Jes Jes	
	There is evidence that:		
19 .1	Facilities are available for the secure storage		
	of patient records		
19 .2	Patient records are stored so that they can be		
	easily retrieved		
19 .3	Local Information Technology (IT) security		
	policies are followed		
19 .4	There is a local policy which allows patients		
	to access their records		
19 .5	A notice is clearly displayed to ensure that the		
	patient is aware of their right to access their records		
19 .6	All records are disposed of in accordance with		
	statutory requirements:		
	a records are retained for a minimum of 8 years after		
	the conclusion of treatment		
	b obstetric records are retained for 25 years		
	c records relating to children or young people are		
	retained until the patient's 25th birthday or 8 years		
	after the last entry, whichever is the longer		
19.7	A signature book is maintained		
19 .8	An abbreviations glossary is maintained		



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		Information technology (IT) security	Les	20	Theos
		There is evidence that:			
. 1		There is a policy for IT security			
0 .2		IT systems containing patient information are			
		registered with the Data Protection Registrar			
0 .3		Physiotherapists are made aware of their			
		responsibilities under the Data Protection Act			
20.4		Systems are configured to maintain security and include:			
	а	password protection			
	b	daily backup procedures			
	С	protection in the event of interruption in			
		power supply			
	d	protection against computer viruses			
	е	audit trails that can identify any person who			
		edits/changes patient records			

Locally defined audit questions

This page has been provided to allow for optional locally defined audit questions to be added if necessary.

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The Chartered Society of Physiotherapy is the professional, educational and trade union body for the United Kingdom's 35,000 chartered physiotherapists, physiotherapy students and assistants.

October 2000